



# Saint Felix School Swimming

SOUTHWOLD ENGLAND

## St Felix School Swimming Club Presents:

### Autumn Improver Gala 2023

**Sunday 12<sup>th</sup> November 2023**

Venue: St Felix School Swimming Pool, Halesworth Road, Southwold, IP18 6SD

Entry Fee: £3.50 per event

Closing Date: Saturday 3<sup>rd</sup> November 2023

#### Schedule of events

Sunday 12 <sup>th</sup> November 2023		
Warm-Up: 3:30pm, Start: 3:45pm		
<b>Event 101</b>	mixed	25m Freestyle
<b>Event 102</b>	mixed	50m Freestyle
<b>Event 103</b>	mixed	25m Breaststroke
<b>Event 104</b>	mixed	50m Breaststroke
<b>Event 105</b>	mixed	25m Butterfly
<b>Event 106</b>	mixed	50m Butterfly
<b>Event 107</b>	mixed	25m Backstroke
<b>Event 108</b>	mixed	50m Backstroke

#### St Felix School Development Squad

We encourage all children to enter the following events:

- 50m Freestyle
- 50m Backstroke
- 25m or 50m Breaststroke
- Butterfly events optional

#### St Felix School Learn-to-Swim Levels 4+5

We encourage children to enter the following events:

- 25m Freestyle
- 25m Backstroke
- 25m Breaststroke (speak to your teacher or email if unsure)

Any questions please email:  
Nick Thompson (swimsquads@stfelix.co.uk)



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Swimming  
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# Meet Rules and Conditions.

## MEET RULES AND INFORMATION

1. Age is as at 12<sup>th</sup> November 2023.
2. Results will be split it age-groups, 8yrs & under, 9-10yrs, 11yrs & over.
3. Spectators can access the balcony or sign up to help as a volunteer poolside.
4. All events will be Heat Declared Winners (HDW) There will not be any finals.
5. The pool is 25m, 5 lanes and anti-wave lane ropes. The depth of the deep end is 1.8m and shallow end is 0.9m.
6. Heats will be swum as mixed age with swimmers seeded by entry times.
7. Over the top starts may be used at the referee's discretion.
8. All result shall be posted on the club's website and noticeboard.
9. Cost per event will be £3.50
10. In accordance with the ASA Child Safeguarding policies and procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the promoter. This rule applies to the use of mobile phones, tablets or image capturing devices as well as cameras.
11. All participants must observe the safety precautions in operation at St Felix School. St Felix School Swimming Club will not be responsible for any loss or damage occurring during this meet.
12. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 1998 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
13. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing.



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## Individual entry form

Surname: ..... Forename: ..... MALE / FEMALE

E-mail Address: ..... Club: .....

SE Number (leave if unknown): ..... Date of Birth: ..... / ..... / .....

Age at 12<sup>th</sup> November 2023: .....

### Schedule of events – TICK Events you wish to enter

Warm-Up: 3:30pm, Start: 3:45pm			
<b>Event 101</b>	mixed	25m Freestyle	
<b>Event 102</b>	mixed	50m Freestyle	
<b>Event 103</b>	mixed	25m Breaststroke	
<b>Event 104</b>	mixed	50m Breaststroke	
<b>Event 105</b>	mixed	25m Butterfly	
<b>Event 106</b>	mixed	50m Butterfly	
<b>Event 107</b>	mixed	25m Backstroke	
<b>Event 108</b>	mixed	50m Backstroke	

### **Total Number of Events Entered:**

\_\_\_\_\_ @ £3.50 per event, Total = £ \_\_\_\_\_

### **St Felix Swimmers Only:**

Please return this form or email a list of events to Nick Thompson ([nthompson@stfelix.co.uk](mailto:nthompson@stfelix.co.uk))

Alongside payment by BACS.

### **Payment details for BACS are:**

BACS to the St Felix School Bank Account, with the IMP & Swimmers Name

BACS details are:

Barclays Bank Plc

Sort code 20-71-06

Account Number: 33752852

Account Name: Saint Felix School Limited