



Saint Felix School

Codes Of Practice

Please find attached the St Felix School (Southwold)
Swimming Club's codes of practice for Swimmers,
Parents and Club Officials



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Code of Practice: General Information

St Felix School (Southwold) Swimming Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that the swimmers, coaches, and parents associated with the club should at all times show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be always open and to share any concerns or complaints that they may have about the club with the Director of Swimming.

Please find enclosed in this booklet a code of practice for club officials and volunteers, parents and swimmers which you are expected to abide by at all times.

Failure to abide by the appropriate code of practice could result in action being taken.

Code of Practice for Club Officials and Volunteers

The essence of a good ethical conduct and practice is summarised below. All club officials and volunteers must:

- ✓ Avoid where appropriate engaging in conversation with parents during training sessions unless it is an emergency.
- ✓ Consider the well-being and safety of participants before the development of performance.
- ✓ Develop an appropriate working relationship with participants based on mutual trust and respect.
- ✓ Make sure all activities are appropriate to the age, ability and experience of those taking part.
- ✓ Promote the positive aspects of the sport, including sportsmanship and a good team ethos.
- ✓ Display consistently high standards of behaviour and appearance.
- ✓ Follow all guidelines laid down by the Swim England and St Felix School Swimming Club.
- ✓ Hold appropriate, valid qualifications and insurance cover.
- ✓ Never exert undue influence over performers to obtain personal benefit or reward.
- ✓ Never condone rule violations or the use of prohibited substances.
- ✓ Encourage participants to value their performance and not just the results.
- ✓ Encourage and guide participants to accept responsibility for their own performance and behaviour.
- ✓ Ensure that all Health and Safety guidelines, Government and Swim England guidance is followed.

Code of Practice for Parents / Guardians

The essence of good ethical conduct and practice is summarised below. All parents / guardians must:

- ✓ Encourage your child to learn and participate by the rules of the sport.
- ✓ Discourage unfair play and arguing with officials.
- ✓ Help your child to recognise good performance, not just results.
- ✓ Never force your child to take part in the sport.
- ✓ Set a good example by recognising fair play and applauding good performance of all.
- ✓ Never punish or belittle a child for losing or making mistakes.
- ✓ Publicly accept official's judgements.
- ✓ Support your child's involvement and help them to enjoy their sport.



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Code of Practice for Parents / Guardians (cont'd)

- ✓ Always use correct and proper language.
- ✓ Encourage and guide your child to accept responsibility for their own performance and behaviour.
- ✓ Remain away from the poolside during training sessions and refrain from engaging the coaches in conversation whilst they are coaching.
- ✓ Ensure the club has you're up to date contact details.
- ✓ Ensure that your child is on time for training and arrives prepared with the right equipment.
- ✓ Be helpful to your child but do not coach them. The coaches are qualified and experienced and can often struggle to coach your child if they are receiving conflicting information from home.
- ✓ Behave responsibly as a spectator at a training session or at a competition by treating all swimmers, coaches, parents, and spectators with due respect.
- ✓ Ensure that all Health and Safety guidelines, Government and Swim England guidance is followed.

Code of Practice for Swimmers

The essence of good ethical conduct and practice is summarised below. All swimmers must:

- ✓ Participate within the rules of the sport and respect officials and their decisions.
- ✓ Respect the rights, dignity and worth of all participants regardless of age, gender, ability, disability, race, cultural background, religious beliefs or sexual identity.
- ✓ Keep to agreed timings for training and competitions or inform their coach if they are going to be late.
- ✓ Wear suitable kit for training and competitions as agreed with the coaches.
- ✓ Not smoke or consume alcohol or drugs on the premises or whilst representing the club.
- ✓ Always behave in an appropriate and socially acceptable manner.
- ✓ Be realistic about their ability and should not impose unrealistic expectations on themselves.
- ✓ Value the importance of the coaches involved in the programme.
- ✓ Treat all facilities and equipment with respect.
- ✓ Inform the coach of any illness and/or injury they may have before the start of the session.
- ✓ Refrain from using bad language.
- ✓ Participate in training sessions and competitive events to the best of their ability.
- ✓ Ensure that all Health and Safety guidelines, Government and Swim England guidance is followed.

Signed (Swimmer)

Date

Signed (Parent / Guardian)

Date